

The Spectrum Clarity Story

Spectrum Clarity emerged as an idea after Elaine Jackson's own frustrating experience with the early intervention and welfare service system. Her story starts when her child aged five was diagnosed with an Autism Spectrum Disorder (ASD – Asperger Disorder).

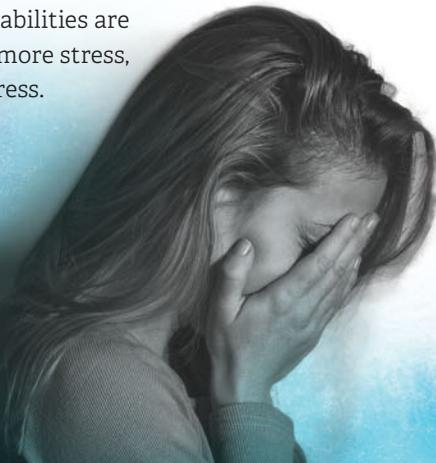
Elaine and her husband were immediately struck with a range of emotions including sadness, grief, sorrow, anxiety, and confusion as they felt the full impact of the diagnosis. Elaine wanted help and information to try to make sense of what the diagnosis meant, not only for the present but for the future too. She also wanted information about: What school will my child go to? Will my child be able to get a job? Who will look after my child if something happens to me?

Elaine did not know where to begin. The internet provided information about what an Autism Spectrum Disorder was but there was little or no information on what services were required, where they were located, how much they would cost and more importantly, if services were found, were they any good and reputable?

Even as an experienced social worker, she found it hard and could only imagine how difficult it would be for parents who have no idea of the system. Spectrum Clarity was launched five years after her son's diagnosis, Elaine having now been through the system is here to help everyone else in a similar situation.

Fact:

Mothers of children with developmental disabilities are at greater risk for more stress, psychological distress.



Who is Spectrum Clarity?

Spectrum Clarity is a team of professionals who are accredited Mental Health Social Workers with the Australian Association of Social Work (AASW). Our three social workers have a combined experience totalling around 80+ years!

How do we help?

The early intervention and welfare service system is a very confusing and fragmented one with no real way of getting to the service(s) easily. Managing a household and the needs of other family members while trying to find information and support following a diagnosis of their child can cause additional anxiety and stress for parents. At Spectrum Clarity, our aim is to change that.

At Spectrum Clarity, the goal of our Access Consultants is to work collaboratively with you to identify the right mix and intensity of services and support suited to your specific goals for your child/young person. We will draw on our specialised early childhood knowledge to determine appropriate supports for your child and family, including information, emotional support and specialised early intervention supports.

Need more information?

If you require more information about Spectrum Clarity and our services please visit our website www.spectrumclarity.com.au or give us a call on 0418 490 814.



Spectrum Clarity is a team of accredited professional Mental Health Social Workers with the Australian Association of Social Work (AASW).

Medicare rebates may apply.

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We will help 'demystify' the system and reduce the stress and anxiety.



Child Focussed, Family Centred

First and foremost we are here to help you. We understand from personal experience the difficulties you face with raising a child with a disability. We aim to make the process of getting help and support easier, simpler and quicker.

In order to get access to the National Disability Insurance Scheme (NDIS) you must first go through the process of developing a plan with a NDIA planner. Spectrum Clarity will help you through the maze of forms, red tape, mumbo-jumbo of acronyms and industry talk to help you achieve the best outcome for your child (ren) and family.

Spectrum Clarity Support Services

Parent Support > Coping with the diagnosis that your child may have a Development Delay or an Autism Spectrum Disorder is a difficult life event that may trigger anxiety, depression and stress. Spectrum Clarity understand what you are feeling, Elaine our Managing Director has experienced the emotions of such news.

Early Intervention Support > The early years are the foundation for a child's health development and readiness for lifelong learning. All children should have access to, and participate in, opportunities that support and promote their optimum health, development, learning, safety and wellbeing.

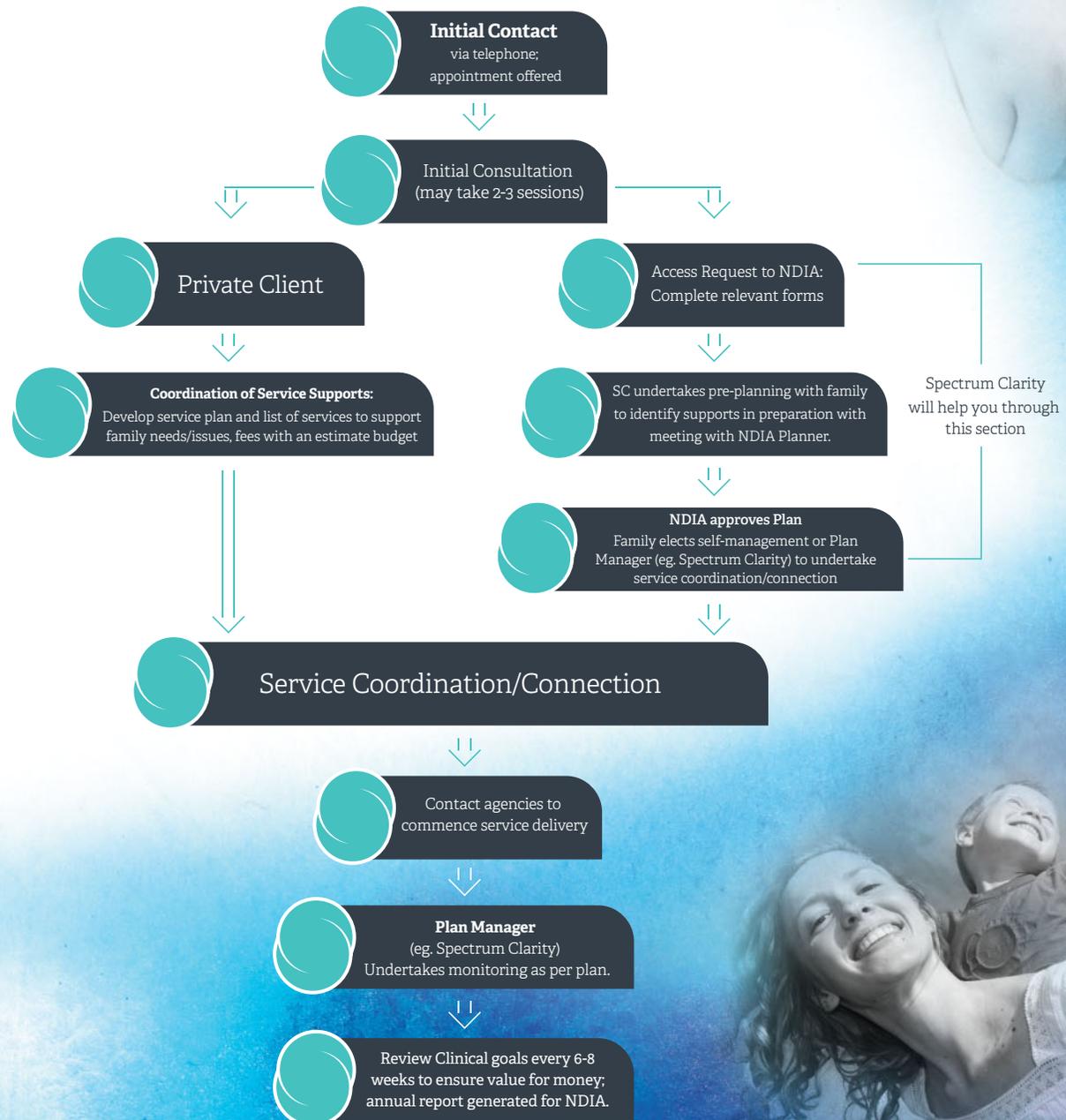
Life Transition Support > Whilst Spectrum Clarity has a particular expertise in the early intervention sector, we recognise that throughout life there are key stages or transition points.

Autism Support > Autism Spectrum Disorders (ASDs) are neurodevelopment disorders which cause substantial impairments in social interaction and communication. There are associated repetitive behaviours and unusual interests as well as many people experiencing unusual ways of learning, paying attention and/or reacting to different sensations.

Support Plans > When you discover the true cost of helping your child with a disability your first thoughts may be of despair. There are however a number of options for you to pursue. Spectrum Clarity can help you through the maze of options.

Service Delivery Pathway

This diagram will help explain the process for families looking to get help, funding and access to programs and experts to help their child or children.



HAVE AUTISM

